

Stylist Gives Free Haircuts To Homeless Every Sunday

Mark Bustos is a 30 year old hair stylist at an upscale shop in New York City. Every Sunday , on his only day off from work, Mark walks through the city looking for anyone who looks like they could use a haircut but can't afford one.

When he spots someone who may need his expertise, he simply walks up to them and says, "I want to do something nice for you today" . He always uses the same approach. This kind, friendly approach works well. Mark Bustos usually cuts and styles as many as six 'clients' every Sunday.



Mark is a Filipino-American and in 2012 he traveled to the Philippines to visit family members. While there, he rented a chair at a local barber shop and gave free fashionable haircuts to poor children in need of a fresh look.

"The feeling was so rewarding, I decided to bring the positive energy back to NYC," Mark said. Mark's good deeds haven't been limited to just NYC. He has also given haircuts to the needy in Jamaica, Costa Rica and Los Angeles.

Of all the meaningful haircuts, one recipient sticks out.

"Jemar Banks -- I'll never forget the name. After offering him a haircut and whatever food he wanted to eat, he didn't have much to say throughout the whole process, until after I showed him what he looked like when I was done . The first thing he said to me was, 'Do you know anyone that's hiring?'" Mark's one kind act of a haircut gave Jemar the confidence to go out, get a job and get himself off the streets.

Mark is almost always with his girlfriend as he cuts hair all over New York City. Before they start their Sunday routine, she prepares many different dishes of food. While Mark is cutting, she offers Marks 'clients' a selection of meals and asks what food they'd like to eat. She provides them with a delicious and nutritious meal and a kind smile.

"One response we've gotten is, 'Nobody ever asks me what I actually want. I usually just get leftovers and scraps,'" Mark said.

"It's amazing to see the effect a new look and a full belly can have on a person."

Mark deliberately cuts hair for the homeless in busy areas like street corners and sidewalks so that the public can see. "Not to see me," Mark is quick to point out," but so that others can find inspiration in the good deed, and be kind to those less fortunate as well."

"Even a simple smile can go a long way," Mark said.