

Why We Enjoy The Smell Of Our Own Farts

Have you ever wondered why you enjoy the smell of your own farts? That's right, it's true - you like the smell of your own farts! Well, at least you don't mind it.... But you think other people's farts are disgusting.



Well, don't worry, you aren't weird for liking your own farts.

Science has proven that it's totally normal and natural for you to like the smell of your own farts.... And here's why.

We, humans, are biologically hardwired to like what we're familiar with, it might be a food, a style, a song, a sight or a smell. So since the average human farts 10 times a day, we are quite familiar with that particular smell.

Our farts are completely unique to us. No one else has a fart quite like yours. This is thanks to the individual bacterial mixture we each have in our digestive and gut tracts. When our oh so special bacteria breakdown what we've consumed, gas - which is our farts - is produced. Because everything involved is unique to us, this gives our farts their own uniqueness - a fart fingerprint.

Don't like other people's farts? Totally normal and natural too. Believe it or not, you don't like other people's farts because your body is defending itself. It's an evolutionary defense mechanism. Everyone is biologically hardwired to survive. Avoiding things that could potentially harm us, like poisonous creatures, dangerous places, predator animals and so on is a key element of survival. So don't think you're a wimp for not wanting to get too close to the tiger at the zoo.... Your body is just defending itself.

As humans developed over the years; we've discovered that things that smell bad could potentially hurt us. As a result when you smell other people's farts, and aren't familiar with them, your body automatically goes on alert. And there's a good reason for that.

There are many reported cases of farts spreading *Streptococcus pyogenes*, a pathogen that can cause tonsillitis, scarlet fever, heart disease and even flesh-eating disease.

What?!?!? How? Why?

Because mixed in with your fart gas are particles of fecal matter - that means poo. And fecal matter - as you probably already know - is basically just the garbage leaving your body. And your body throws all sorts of hazardous things in with that garbage.

We know, we know - that's disgusting! But that's science!