Barefoot 61-Year-Old Woman Wins Marathon



A 61-year-old woman from India won a marathon. And guess what? She was barefoot for most of the race!

Lata Kare had never run in a marathon. She had never run at all!

"I used to go for morning walks daily, but I had never run," Lata said. "If I had tried to run, people would have found it strange, and they would have asked me uncomfortable questions."

Lata did not have running shoes or running clothes. She wore slippers and a traditional Indian robe called a sari. When one slipper came off during the race, Lata kicked off the other one, too.

Lata said she felt a little awkward at the beginning of the race. Other runners were staring at her clothes. Lata ignored them, and within a few minutes she left all the other runners behind.

Lata said that she would like to race again someday, but she also said she will not be strong enough to run forever.

"Only God knows whether I will remain as strong then as I am today," Lata said.

Do you think you can run with no shoes on?