

Boy Sleeps Outside For A Year



17-year-old Rudy Hummel is sleeping outside every night for a year, no matter the weather. Rudy's mission is called "Snore Outdoors". He is on his Snore Outdoors mission to raise funds and awareness for charities that help homeless people.

Rudy started his project last June. He began sleeping in a treehouse in his backyard. Summer became fall and fall became winter. During the winter, his treehouse wasn't warm enough. Rudy had to improvise. He built a shelter called a quinzee. A quinzee is similar to an igloo.

Rudy is from Minnesota, USA. Temperatures in Minnesota can easily drop to minus 20 degrees Celsius (-4 Fahrenheit). Last winter was a cold one, so Rudy got advice from winter camping experts. He put on an extra fleece, used a hot water bottle, wore several pairs of socks and got cozy in his handmade "snow cave" below his treehouse.

"I was about as warm as I would have been inside," Rudy said. "But I haven't slept inside in so long that maybe that's not true."

Do you think that you can sleep outside for a year?