## How To Escape From Quicksand



Most of us have seen quicksand in cartoons and movies. From these cartoons and movies, we have learned a very important lesson about quicksand. The most important thing to remember is this: don't move, or you will sink!

But, what is quicksand? Quicksand is simply regular sand that is so saturated with water that the sand floats. Simply pouring water into sand is not enough to make quicksand though. Quicksand forms in special conditions. Earthquakes can cause quicksand to form. Water bubbling up from below the sand can too. Kids mixing sand and water ... uh-uh.

Quicksand looks like regular sand. If you were to step in it though, you'd sink into it quickly. Eventually, you will touch the mushy bottom. Luckily for us, most quicksand is not deep enough to drown an adult.

What should you do if you accidentally fall into quicksand? STAY CALM. DON'T PANIC. The mixture of sand and water is denser than water alone. This means it is more buoyant. If you don't panic, you can actually float in quicksand!

So keep still and fill your lungs with air. You will float to the surface. Gently swim to the edge and crawl out.

Now the next time you're out exploring, you won't have to worry too much about quicksand.